

# Townsend Letter

## *The Examiner of Alternative Medicine*

Townsend Letter

May 2008

### Table of Contents



[Order this issue!](#)

Letter from the Publisher

#### [Healing with Homeopathy](#)

A Woman with Seasonal Allergies, Depression, Anxiety, and Menstrual Problems

by Judyth Reichenberg-Ullman, ND, DHNAP, LCSW, and Robert Ullman, ND, DHANP

Online publication only

#### [History of The Roger Wyburn-Mason and Jack M. Blount Foundation for Eradication of Rheumatoid Disease](#)

(a.k.a., The Arthritis Trust of America or The Rheumatoid Disease Foundation) 1994, reprinted with permission

by Perry A. Chapdelaine, Sr

Online publication only

#### [History of Mesotherapy](#)

by Harry Adelson

Although the use of intracutaneous injections for the treatment of chronic pain and acute injury is well regarded in Europe, the technique is not used much in the US. Safe, cost-effective, and successful, mesotherapy provides longer-lasting therapeutic effects and deserves serious consideration.

#### Curanderismo

by Laurance Johnston, PhD

Healing occurs on many levels and, while conventional medicine concentrates on the body, the state of a patient's mind and spirit plays an integral part in overall health.

Curanderismo, a supplemental treatment approach used by Mexican-Americans, recognizes the interdependence of body, mind, and spirit. Author Laurance Johnston introduces curanderismo and makes a strong argument for integrating "culturally attuned methods...into our healing spectrum."

#### Industrialized History of Asbestos

by Justin Taylor

Almost since the remarkable benefits of asbestos were first

discovered, its use has been controversial. Both miracle and curse, asbestos has proven a difficult material to abandon. Nonetheless, the mineral's deadly effects are undeniable, and asbestos production and application must be more stringently limited.

#### A Novel Antimicrobial Towelette

by Bill Misner, PhD

Peppermint oil, basil oil, bay oil, tea tree oil, and clove oil – the natural antimicrobial substances found in these oils, when applied via a moist towelette, have been shown to prevent the growth of aerobic bacteria, yeasts, molds, and fungi on human skin.

#### [A Blend of Unique Herbs May Have Wide Clinical Application](#)

by Stephen Levine, PhD

A formula composed of herbs used in Traditional Chinese Medicine has been found to be extraordinarily effective in treating asthma – improving lung function while also increasing cortisol production. The success and superior safety and efficacy of anti-asthma herbal medicine intervention (ASHMI) in recent studies has also sparked more interest in the use of herbal formulas in other conditions associated with low cortisol, chronic inflammation, and adrenal fatigue.

#### [Even Most Doctors Have Chronic Pain – Who Knew?](#)

by Stephen Kaufman, DC

Facing a tough audience of skeptical doctors, chiropractor Stephen Kaufman once again demonstrates the remarkable efficacy of his Pain Neutralization Technique, which addresses extremely tender trigger points in muscles and promotes relief, often instantly.

#### Refusal to Vaccinate Forms Raise Ethical Questions

by Alan Phillips, JD

Parents who elect to forego vaccinations for their children face several conundrums, among them one that appears to be a solution: the Refusal to Vaccinate Form. Attorney Alan Phillips takes a hard look at the ramifications of signing such a form and raises questions about the form's legality and ethicality.

### Columns

#### Shorts

Jule Klotter

#### [Health Risks & Environmental Issues](#)

Where Have All the Honeybees Gone?

Rose Marie Williams, MA

[Healing with Homeopathy](#)

Homeopathy: Highly Effective for Hay Fever  
Judyth Reichenberg-Ullman, ND, and Robert Ullman, ND  
Originally printed in May 2001

[Literature Review & Commentary](#)

Alan R. Gaby, MD

War on Cancer

Study Clarifies Role of Antioxidants During Radiation  
Ralph Moss, PhD

Phytotherapy Review & Commentary

New Herbal Leads for Asthma Management  
Kerry Bone, FNIMH, FNHAA

Optimizing Metabolism

Why Food and Nutrients Should Be the Front Seat Treatment  
for Riding Out Allergic Rhinitis  
Ingrid Kohlstadt, MD, MPH, FACN

Townsend's New York Observer

Compounds in Fruits and Vegetables that Protect Against  
Cancer and Heart Disease: Recent Research  
Marcus A. Cohen

Chelation Corner

Hair Mineral Analysis: A Review and Update  
E. Blaurock-Busch, PhD

Psychoneuroimmunoendocrinology Review and  
Commentary

Seasonal Allergies and Bronchial Asthma  
Robert A. Anderson, MD, FAAFP, FACPM, ABHM

Chinese Medicine

Cough-Variant Asthma (CVA) and Chinese Medicine  
Bob Flaws, LAc, FNAAOM (USA), FRCHM (UK)

Pathways to Healing

New Report Proposes Health Care Savings Plus Increased  
Value  
Elaine Zablocki

Women's Health Update

Research Update  
Tori Hudson, ND

Nutritional Influences on Illness

The Influence of Minerals: Magnesium Supplementation in  
Bronchial Asthma

Melvyn Werbach, MD

**Editorials**

**Sins of Omission: Drug Companies  
Twist the Evidence About  
Antidepressants  
by Alan R. Gaby, MD**

Guest Editorial

Compounding Fractures: The Battle Between Wyeth  
Pharmaceuticals and the Compounding Industry Over  
Bioidentical Hormones  
by William Benda, MD

Letters to the Editor

Disputing Food Allergy Types

On Richard Leviton's Physician

Vitamin C Argument: A Rebuttal

An Alternative to Allergy Therapy

In the News

Dr. Abram Hoffer Wins the Inaugural Dr. Rogers Prize

Recognition of Differences Between Pharmaceutical and  
Natural Compounds is Critical to Study Design, Metagenics  
Says

Emord Introduces cGMP Compliance Program

A Case Study in the Medical Journal Explore Reveals a  
Drug-Free Therapy for Correcting Asthma in Children

Metaphysical "Cures" for What Ails Us

Radiation Hormesis: Excited About Healing

Environmental Pollution and Diabetes May Be Linked

Urgent Call to Action: Against Irradiation of Dietary  
Supplements

Reviews

A Whole Foods Primer  
by Beatrice Trum Hunter  
review by Jule Klotter

Spores, Plagues, and History: The Story of Anthrax  
by Chris Holmes, MD  
review by Katherine Duff

Freedom from Addiction  
by David Simon, MD, and Deepak Chopra, MD  
review by Irene Alleger

. . . the regular features, commentary and opinions we can  
count on each month from [our distinguished columnists](#).

---

Consult your doctor before using any of the treatments found within this site.

---

[Subscriptions are available](#) for Townsend Letter, the Examiner of Alternative Medicine magazine,  
which is published 10 times each year.

Search our [pre-2001 archives](#) for further information. Older issues of the printed magazine are also  
indexed for your convenience.

[1983-2001 indices](#) ; [recent indices](#)

Once you find the magazines you'd like to order, please use [our convenient form](#), e-mail  
[subscriptions@townsendletter.com](mailto:subscriptions@townsendletter.com), or call 360.385.6021 (PST).

[Order Back Issues](#)



[Who are we?](#) | [New articles](#) | [Featured topics](#) | [Articles online](#) |  
[Tables of contents](#) | [Subscriptions](#) | [Contact us](#) | [Links](#) | [Classifieds](#) | [Advertise](#) | [Alternative Medicine](#)  
[Conference Calendar](#) | [Search site](#) | [Archives](#) |

[EDTA Chelation Therapy](#) | [Home](#)

© 1983-2008 Townsend Letter

All rights reserved.

Website by [Sandy Hershelman Designs](#)

May 23, 2008

# Townsend Letter

## *The Examiner of Alternative Medicine*

Don't keep it hidden!  
Your research deserves recognition. Publish it!

Since 1983, Townsend Letter has been publishing a print alternative medicine magazine. As a forum for the entire alternative medicine community, we present scientific information on a wide variety of alternative medicine topics—including EDTA Chelation Therapy.

[Townsend Letter Distribution Sites](#)

(Stores carrying the magazine)



**Also New on  
TownsendLetter.com**

- [Bioidentical Hormone Replacement Therapy \(BHRT\): Common Issues and Solutions](#)
- [Swine Flu School Epidemics: Air Toxicology](#)
- [Electromagnetic Hypersensitivity](#)  
by Steen Hviid, MS
- [Environmental Medicine Update](#)  
Environmental Causes of Cancer  
by Marianne Marchese, ND
- [Women's Health Update](#)  
by Tori Hudson, ND
- [Shorts](#)  
by Jule Klotter
- Book review: [Lessons from the Miracle Doctors](#)  
by Jon Barron
- Guest Editorial  
[Strong Opposition to the McCain-Sponsored Dietary Supplement Safety Act](#)  
Nicholas J. Gonzalez, MD

Online publication only

- [Remodeling of the Connective Tissue](#)  
by Albert Garoli, MD Ay, TCM  
Online publication only
- From the Archives: May 2006  
[Shorts](#)  
reviewed by Jule Klotter
- From the Archives: May 2006  
[Acupuncture & Moxibustion](#)  
The Acupuncture Treatment of Allergic Rhinitis
- From the Archives: May 2006  
[Phytotherapy Review & Commentary](#)  
Phytotherapy for the Management of Asthma: Part 2
- [Metabolic Cardiology: The 'Awesome Foursome' – Protecting Healthy Hearts, Restoring Ailing Hearts](#)
- [Letter to the Publisher](#)
- [Pathways to Healing](#)  
Caring for Our Parents  
Elaine Zablocki
- [Earthing: The Most Important Health Discovery Ever?](#)  
by Martin Zucker
- [A Patient Asks About Chelation Therapy](#)  
by Terry Chappell, MD
- [Shorts](#)  
Jule Klotter
- [Cardiovascular Chelation](#)  
by John Parks Trowbridge, MD



### **From This Issue**

- [Table of contents online!](#)
- [In Vitro Effectiveness of Samento and Banderol Herbal Extracts on the Different Morphological Forms of Borrelia Burgdorferi](#)  
by Akshita Datar, Navroop Kaur, Seema Patel, David F. Luecke, and Eva Sapi, PhD  
Lyme Disease Research Group  
University of New Haven
- From July 2009  
Guest Editorial  
[Why Lyme Treatments Fail](#)  
(Part 1)  
by James Schaller, MD

